



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2010

### Sporting Excellence in Karate

#### National Level

## Ben Harrison

This is to certify that Ben Harrison has achieved the standard of Sporting Excellence in Competition Sport Karate. Ben competed at National Championships throughout England in 2010 winning the medals and titles listed below:-

### Championship Success - 2 Bronze

#### Northern Open Championships - 6<sup>th</sup> June, Manchester

Bronze - Pairs Kata

#### Shindo Kai National Championships - 14<sup>th</sup> November, Barnsley

Bronze - Pairs Kata

Congratulations on your sporting achievements throughout 2010. Well done Ben.

Sensei Wayne Clarke 3<sup>rd</sup> Dan  
Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation

